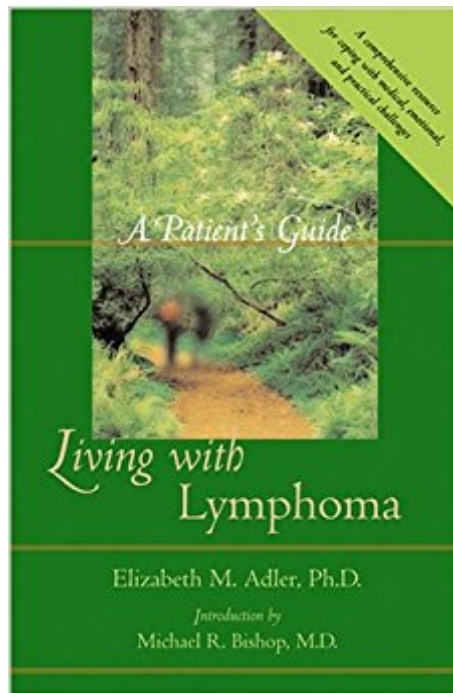




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Living With Lymphoma: A Patient's Guide



Synopsis

When neurobiologist Elizabeth M. Adler was diagnosed with non-Hodgkin lymphoma, she learned everything she could about the disease, both to cope with the emotional stress of being diagnosed and to make sure she made the best possible decisions for her treatment. In *Living with Lymphoma*, she combines her knowledge of lymphoma—both scientific and personal—with the desire to help other patients come to grips with this complex, and often baffling, disease. Adler thoroughly explains the disease, describing the many different kinds of Hodgkin and non-Hodgkin lymphoma, the wide range of symptoms, and the various treatment options available. Convinced that understanding lymphoma's biological basis will help patients make better treatment decisions, Adler explains basic cell biology and how the immune system functions. Readers will gain sufficient background to understand and evaluate medical literature, and to ask their physicians questions specific to their own needs. In the introduction, Dr. Michael R. Bishop of the National Institutes of Health provides a physician's perspective on the delicate nature of doctor-patient relationships in the context of a life-threatening disease—especially the importance of patient education and open communication in making decisions about treatment options and quality of life. Drawing on her scientific expertise and personal journey—as well as her empathy, passion, and humor—Adler has created a valuable guide for people with lymphoma and the people caring for them.

Book Information

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Customer Reviews

Well-researched guide for lymphoma patients... Adler's personal experiences are integrated into the

medical material. (Library Journal)It is the most complete explanation of what goes on I've found and is excellent... I highly recommend it for patients, loved ones, and anyone who would like to understand what is lymphoma. (Mike Barela Lymphoma Information Network)A wide range of library holdings will want to make this a basic reference; from public libraries to college health collections. (Midwest Book Review)As a patient, I feel the need to learn all I can about any new diagnosis... this is the most comprehensive book I have seen on the subject, short of a medical text... OncoLink highly recommends this guide. (Carolyn Vachani, MSN, RN, AOCN Oncolink)A stand-alone text for lymphoma patients. Keep it at your side along with all the questions you have (written down, of course), and come prepared to every visit, knowledgeable about your disease and your treatment. Knowledge is power. Elizabeth has provided you with an invaluable resource. (Michael R. Bishop, M.D., from the introduction)Adler's professional background and experience as a lymphoma survivor make her the perfect person to write this book. The author's explanations are a gentle guide and a thorough introduction to the basics that give us the confidence to handle decisions relating to treatments and other aspects of lymphoma. (Anne Atkinson, non-Hodgkin lymphoma and Hodgkin disease survivor and coordinator of the Women's Cancer Group)

Winner of the 2006 American Medical Writers Association Medical Book Award in the Trade Category. --This text refers to an out of print or unavailable edition of this title.

Excellent and very helpful. Clear with enough detail to allow me to understand. You don't read it cover to cover, but read what applies to you. It helped me understand my reactions to chemo

The author documents her own treatment for lymphoma and also discusses other types of lymphoma, their biological characteristics, and treatment options. She points out that the type of lymphoma may determine whether or not to pursue aggressive treatment strategies.

I bought this book for my "adopted" mom, who was recently diagnosed with the disease. She seems to find it very useful and very informative.

Very thorough look at lymphoma. I devoured this when my husband first got his diagnosis. Highly recommend..

I received a copy of this book from my Sister-in-Law who's husband, my brother, had also recently

been treated for NHL. It was a very informative read, and helped allay my fears of the impending Chemo, etc. because I knew in advance what to expect. I acquired a copy recently for a friend who had recently been diagnosed with Lymphoma.

Provides a thorough background to the disease in as close to layman's terms as can, while still providing scientific information. The perspective of being a survivor, very enlightening.

I found this book to be very informative and gave me more knowledge than I had. I wish had had found out about this book sooner. It had very good explanations of how the different combination of chemotherapy drugs work together. I am a person who likes to know the "why" of things and this book gave me those answers.

Great book!

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